

## Proficiency Speaking Long Turn

Talk for 2 minutes without interruption about a subject with 3 pointers to guide you.

How important is sport in today's society?

- Entertainment
- Health
- Different stages of life

### Tips

You will only have a few seconds to gather your thoughts before you start talking. Try to think of your turn as an introduction, body, and conclusion. **Try using a time-buyer to let yourself think.**

### Personalise the topic

Generally people find it easiest to talk about themselves and their own experiences rather than speak objectively about something. Speaking about personal experience is also more engaging for the listener.

- **For me personally** sport isn't that important.
- **As far as I'm concerned, sports are** a big part of my life.
- **Speaking from personal experience I'd say**

Using your experience as a starting point you can then link into more general discussion of the topic.

### Wrap up

Try and recap everything you've said and tie it all together

- So as I was saying.....
- To sum up.....

<p><b>Expressing opinion</b></p> <ul style="list-style-type: none"> <li>• To my mind,</li> <li>• I'm of the mind that...</li> <li>• The way I see it,</li> <li>• As I see it,</li> <li>• From my point of view/ perspective,</li> <li>• I look at it like this...</li> <li>• I'm a firm/big believer in...</li> <li>• Look, here's what I think...</li> <li>• If you ask me,...</li> <li>• I hold the view that...</li> </ul>	<p><b>Time Buyers</b></p> <ul style="list-style-type: none"> <li>• It's funny you should ask that...</li> <li>• I was just talking about this the other day...</li> <li>• Hmm that's a tough one...</li> <li>• That's an interesting question...</li> <li>• Now let me see...</li> </ul> <p><b>Rephrasing</b></p> <ul style="list-style-type: none"> <li>• What I mean is...</li> <li>• I guess what I'm trying to say is...</li> <li>• In other words...</li> <li>• To put it another way...</li> <li>• How can I put this?</li> </ul>
<p><b>Personalising the topic</b></p> <ul style="list-style-type: none"> <li>• As far as I'm concerned...</li> <li>• Speaking from personal experience I'd say that...</li> <li>• In my experience, ...</li> <li>• I often find that...</li> <li>• In my case, ...</li> <li>• Speaking for me personally, ...</li> <li>• From what I've seen, ...</li> <li>• I can't speak for anyone else, but in my case...</li> <li>• This is a topic that is close to my heart because...</li> </ul>	<p><b>Adding additional points</b></p> <ul style="list-style-type: none"> <li>• It's also worth bearing in mind that...</li> <li>• Another point worth highlighting is...</li> <li>• What's more/On top of that</li> <li>• It must also be pointed out that...</li> <li>• Aside from that,</li> </ul> <p><b>Changing topic</b></p> <ul style="list-style-type: none"> <li>• Moving on to...</li> <li>• Let's move on to...</li> <li>• That leads me on to...</li> </ul>